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 Principal ● Zlatko Pear

Inspirational.

Issue 9: 26th June 2020

Calendar

June

26 Last Day of Term 2
 2.30pm Dismissal

July

13 Term 3 Starts

August

5 Parent/Student/
 Teacher Forums

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A few words from the Principal.....Zlatko Pear

Semester One

Term Two, and indeed the first semester, has been like no other in my three decades in education. The start of the term feels like a very long time ago. At that time we transitioned to remote/flexible learning. We knew that it would be a challenging time for everyone and that it was important for us to work closely to provide the best support for all our students. The feedback from students, parents and staff tells us that the experience was, at times, difficult and demanding but also rewarding. The innovative and creative approaches adopted during remote/flexible learning have been outstanding. We plan to incorporate many of these new approaches to our regular on-site learning. Another positive from this period has been the strengthening of the home/school relationships, with families and teachers gaining a greater mutual appreciation of our shared contributions to learning.

End of semester reports

Semester One reports will be completed over the holiday period and released on Compass during the second week of Term Three. This year's Semester One reports will have a slightly different format and will include feedback on the remote/flexible learning period. You will have an opportunity to discuss your child's progress during the parent/student/teacher forums which will be held on Wednesday 5th August. You will receive more information regarding this early next term.

End of Term

On behalf of all the staff at Myrtleford P12 College I would like to thank all our families for your patience, work and support during this trying semester. Please keep warm and safe during the holiday period. We look forward to seeing everyone when school resumes for Term Three on Monday 13th July.

Canteen

At this stage, we plan to have the canteen reopen for next term. The canteen is normally open on Mondays, Thursdays and Fridays. However, the first Monday back will be a cleaning and preparation day meaning students will need to bring all food from home on that day.

.....Zlatko Pear

Myrtleford P12 College is a Child Safe School.

All our Child Safe policies can be accessed on the College website.

<http://www.myrtlefordp12.vic.edu.au>

College News....

CANTEEN NEWS

The Canteen will be CLOSED on the first Monday of Term 3. After that, the canteen will resume every Monday, Thursday and Friday. The NEW canteen menu for Term 3 is attached. Please check the new menu before ordering as some menu items are no longer available and there are some new items as well.

Also, watch the Canteen Facebook Page for specials and news items.

Di Mancuso

REMEMBER:

The Canteen is CLOSED the first Monday back in Term 3.



Look out in future newsletters for the update on when School Banking will return in Term 3.



IT Computer Equipment

All IT equipment borrowed from the school for the Remote Learning period must be returned to the school ASAP. Some internet tablets and netbooks remain outstanding.

This equipment needs to be available for on-site learning in the classroom.

A PERSONAL MESSAGE FROM DEE VAN ROEVAN



In 1975 I started my first day as a Prep at Myrtleford Consolidated School. I went through the years until I could go 'over the fence' to Myrtleford High School. I left for a few years then my bubba girl started her educational journey as a Prep at Myrtleford Primary School. I returned to study as a 'Mature Age Student' to obtain my VCE at Myrtleford Secondary College. In 2004 I decided to go into business and bought the school canteen. In 2007 I decided I wanted to do more for the kids who were struggling so I enrolled/completed my Cert III in Education (Special Needs Stream). In 2008 I was employed PPT by Myrtleford P-12 College as an integration aide and have seen MANY kids grow up, hit goals and achieve beyond their own hopes/expectations. There have been many name changes over the last three decades, some staff changes and a whole lot of growth BUT my love for helping the kids hasn't changed.

June 23rd 2020 I drove out the gate for the last time as an employee. I would like to thank ALL the wonderful people who let me be involved in their babies educational lives, you have filled my heart on so many occasions.

Remember: they are not little for very long and even though the days seem long; the years are very short. Love them, nurture them and please teach them to be kind, honest & decent humans.

Thank you to Heather Redmond for taking a chance on employing me, and to Zlatko Pear for allowing me to continue when he became Principal. Thank you Myrtleford parents (past and present), you have allowed me to be involved with some incredible humans and added so much light to my life.

Dee



We are a
Victorian
premiers'
reading
challenge
school

Book TALK

LIBRARY NEWS

.....Mrs Morgan

I asked Mr Lindsay....

What is your all time favourite book?

Magician by Raymond E Feist

Do you have a favourite author?

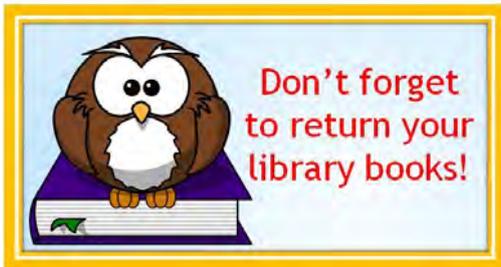
Roald Dahl

What is your favourite genre to read?

It changes regularly - I enjoy Crime Thrillers, Fantasy and Biographies

What are you reading at the moment?

The Great Hunt - Book 2 of the Wheel of Time Series



The Premier's Reading Challenge is OPEN!

Year 3-10 use your eduPass username and password (Same as Google classroom)
Prep-2 students email me your interest at morgan.kathleen.j@edumail.vic.gov.au and I will reply with your log on details.
Log on here: [Premier's Reading Challenge](#)

Preschool children at home can also get involved by registering online.
Have a go and get reading!

NEW KIDS POD

Earlier in the year we had a visit from an author Aimee Chan. She has now developed a podcast for kids, by kids. There are over 50 episodes, some with every day people like a teacher and a paramedic, some with celebrities like Trent from LEGO Masters and a Hollywood voice actor.



And some really fascinating stories (like a woman who gave birth in her car or an Albury plumber who is now living in Antarctica). All of them are kid friendly (as the kids create all the questions). I thought I would share it with you all. Some great topics for kids, making great conversation starters for the car ride, or around home, and it's FREE!

<https://podcasts.google.com/?q=aimee%20chan>

Author Focus

Roald Dahl

A spy, a fighter pilot, a medical inventor and an author!

- * He was born in Llandaff, Wales, on 13th September 1916
- * He enlisted in the Royal Air Force at 23 years old.
- * In September 1940, Dahl received severe injuries to his head, nose and back when his Gladiator crash-landed in the Western Desert. After six months recovering from his injuries in Alexandria he returned to action.
- * He published his first book in 1943, titled "The Gremlins", by 'Flight Lieutenant Roald Dahl' and he went on to write 49 books, including collections and books published after his death, but not including screenplays and plays.
- * In 1960 he helped invent the Wade-Dahl-Till valve
- * He wrote books for children and adult audiences
- * Roald Dahl died on 23 November 1990, aged 74



Find out more here: www.roalddahl.com



A story of a family, lost, that finds itself in the deserts of Egypt. Ideal for anyone interested in adventure, archaeology and the Ancient World.

New series about friendships, family and seaside adventures.

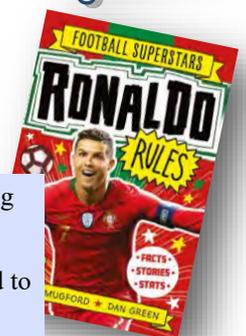


New Junior Book Series coming SOON!



The first book in a spooky new series for only the bravest of readers!

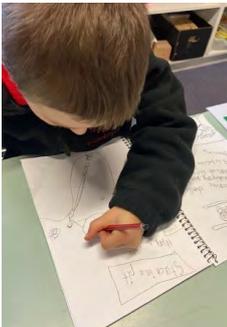
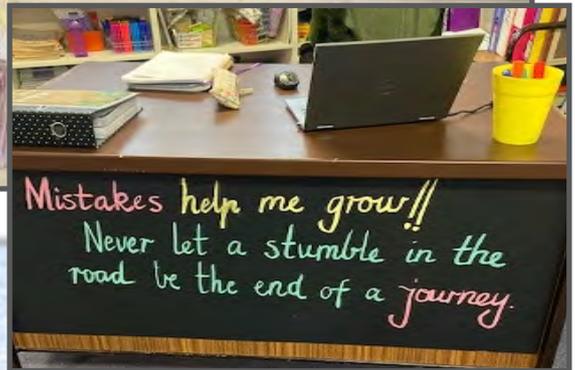
Everything the young fan wants to know about soccer stars, from their childhood to the present day.



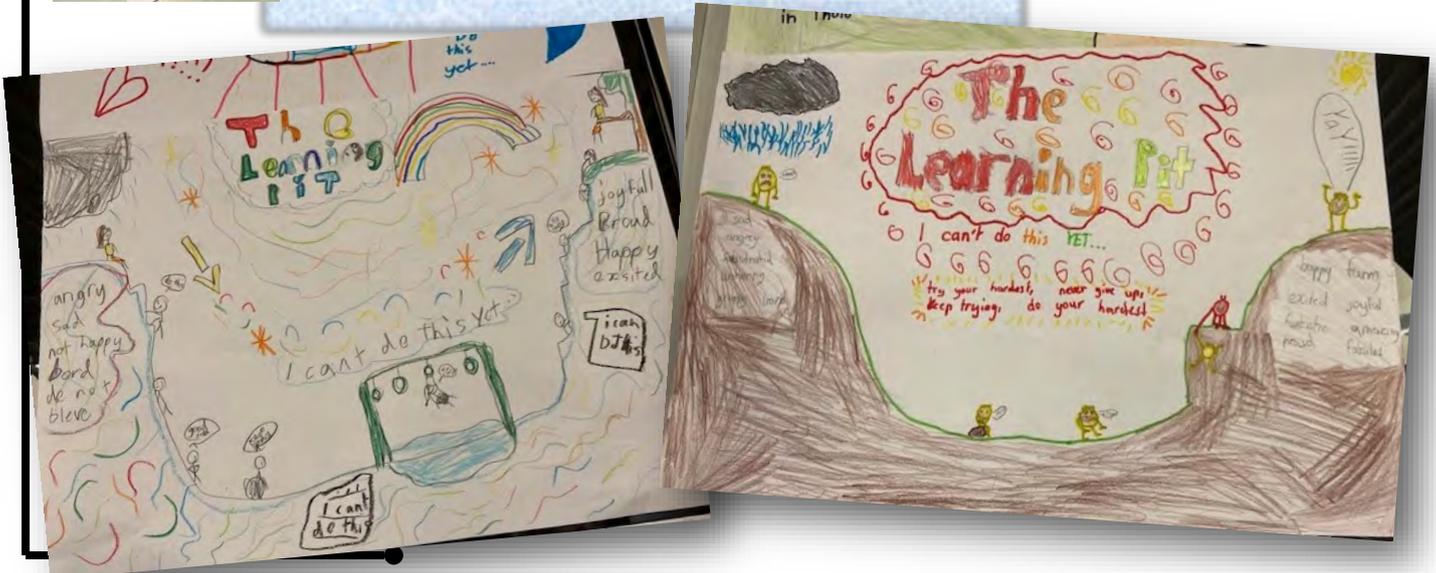
Learning Pits in 3L



Year 3's learning Pit display looks amazing!



- Huntah - "I have to keep trying."
- Rocky - "Focus leads to success!"
- Jaali - "Be hard working."
- Arlia - "Keep trying and you're nearly there."
- Louis - "Even when things seem hard, never give up!"
- Will - "If you can't do it yet, it's not the end of the world."
- Henry - "Doing hard things helps us to learn properly."



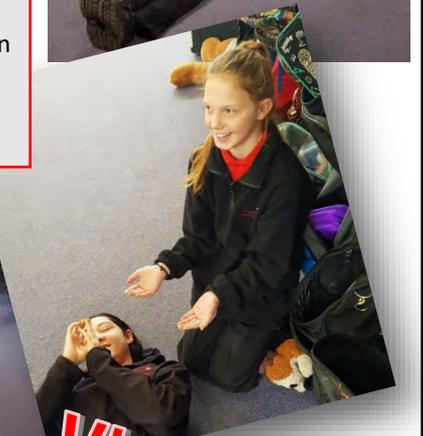
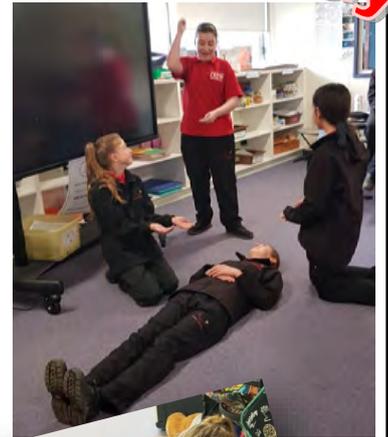
Grade 6 Drama Classes with Mr Selway



Grade 6 students have been having drama classes from me recently. I have visited from the 'High School' and it's been great to get to know the Grade 6 students. I also talk about High School and answer questions that the Grade 6's have as they get ready for transition.

The students love performing and have shown a great sense of humour. Here they are performing an operation on some patients. Not sure it is the safest hospital to visit! The doctors are very happy to throw away body parts that are not deemed necessary.

The students practiced their play and then performed it in front of the class. This will help student's confidence in doing presentations in front of classes in other subjects.
Mr Selway



Visualisations



6B have been working on comprehension strategies using the five senses. This week we made a picture quilt of our visualisations of the story Hatchet.

Year 7 Science

CRYSTALLISATION and FILTRATION

Students in Year 7 Science have been working on the topic of 'Mixtures' over the last few weeks. As part of our study, this week students conducted an experiment to filter some muddy water using a variety of separation processes. We also looked at how UV radiation can be used to remove harmful microbes ('germs') from the water.



We have also been growing copper sulphate crystals over the last few weeks. To grow these crystals, students made a super-saturated solution of copper sulphate, using the Bunsen burners.

Well done Year 7 on all your excellent experimental work over these last few weeks! We missed doing experiments during remote learning, and it has been great to see how safely, responsibly and independently Year 7 students have been working.

Ms Macrae and Mr Matulich



Year 7 Character Analysis

Year 7 have been working on Character Analysis after watching the film 'Red Dog'. Here are some samples of the posters produced. *Kate Sanderson*

"You stay boy. You stay here. You're home now" - Nancy

"Red Dog is not your average dog Mr Cribbage. He has Privileges! Everybody knows that." Nancy

This is another example of Nancy doing what she thinks is right.

The meaning of this quote above shows that Nancy is closing the chapter on her true love towards Red Dog and John.

The symbol of the weight represents how strong Nancy is mentally and physically.

The flower represents women's power as she continues to break down gender barriers.

The heart represents how loving and caring Nancy is.

Welcome to Dampier

Nancy, Played by Rachael Taylor is a secretary at the mines. She is very kind, caring and loving towards everyone she meets, especially the community of Dampier, in which everyone belongs because they are all just blow in's with a Past. Throughout the movie Nancy challenges gender stereotypes which can be seen by the great amount of confidence she has, including when she stood up to Red Dog assertively telling him to "Stop that now, be a gentleman and move over." Nancy is also very good at sticking up for what she thinks is right, which can be hard when you're the only woman there and not getting the same respect as a man would. This can be seen when she stands up to the Cribbages with the whole community backing her up.

listen to me you little bug, you as much harm a hair on that dog's head, you will have me and the entire Pilbra to answer to." Nancy

This quote shows us how strong Nancy is as a person and how she will stick up for what she thinks is right.

John and Nancy meet on the bus

John and Nancy fall in love

John dies

Nancy stands up against the Cribbages

Red Dog dies

NANCY FROM RED DOG By Lexi, Sahara & Brooke ♀

VANNO

FROM RED DOG

Vanno is proud of his heritage

QUOTES - Italian Edition -

"The world is a funny place, no? Sometimes you pick your dog. Some times your dog picks you."

"You're happy, you have a gift Mr doggy, I do not."

"In Abruzzi."

Abruzzi is significant to Vanno as it is where his home. The fact that Vanno constantly refers about "Abruzzi" implies that he is homesick.

Vanno comes from the town Abruzzi in Italy. Like all the other miners, Vanno came to Dampier to earn money. Vanno was incredibly homesick and missed his Italian family, food and culture. His obsession with his home town angered the other miners which resulted in him being regarded as an outcast.

Red Dog helped Vanno when he was homesick and listened to Vanno when no-one else would. He also helped Vanno get a girlfriend at the vet. Vanno would not have met Rosie without Red. The significance Red Dog has throughout the film is obvious.

The film begins on a dirt road in the middle of nowhere. A car is going down the road then a dog appears when the car stops the dog jumps in and they continue, little bit later the dog ends up in a mining town called Dampier and becomes part of the community. The dog then becomes good companions with a homesick man named Vanno and helps him get over his homesickness. Then the dog chooses a master when he meets a man named John. John falls in love with a girl named Nancy. On the morning after John and Nancy's engagement John dies in a motorcycle crash and with the funeral and all the sadness Red Dog gets separation about, he waits where John told him to stay. Red Dog waits in the same spot for weeks. After he realised John was not coming back he went back to Dampier and lived out the rest of his life there. The dog died after being poisoned it was found.

Italy

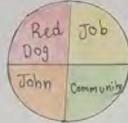
Volta Colonna

Italy Playlist

For this playlist we focused on the songs, we put in songs we think relate to Vanno, for example we put in only the lonely and homesick. This depicts Vanno's homesick and his miss of his home town.

Year 7 Character Analysis

The quartered circle represents the 4 most significant things in Nancy's world: Red Dog, John, the Community and her job.



RED DOG CHARACTER ANALYSIS - NANCY

"You stay, boy. You stay here. You're home now."
 "Stop that 'be a gentleman, and move over now!'"
 "I don't own Red Dog, nobody does."

The infinite loop represents her infinite love for Red Dog, John and the community.

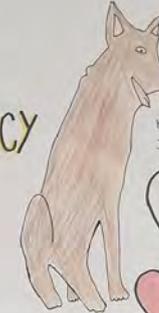
Nancy belongs to Dampier because of her dedication to Red Dog and John as well as saving her community by removing the horrid Cribbage's. She also, was the first to move Red Dog off the front seat of the bus even the miners were confused on how she did it because they had never seen anyone do that before.

Nancy is saved by the community because even though she is a girl they comfort her when John dies and they accept her.

The symbol of arrows represent boys and girls, for example if boy means left and girl means right Nancy goes both ways because when she went on the bus she moved Red Dog by using powerful words challenging male stereotypes.

NANCY'S PLAYLIST

PLAY
♥ Don't Touch My Truck
♥ Jalene
♥ Old Town Road
♥ Big Green Tractor
♥ Sweet home Alabama
♥ Yi Ting Mei
♥ Country Road, Take Me Home
♥ Achy Breaky Heart
♥ Jesus Take The Wheel
♥ Mining Away


NANCY

RED DOG

Belonging Community

This is a symbol of Red Dog's gender.

Red Dog was homeless. He had no one to feed him or look after him.

Red Dog is your average looking dog. He is a wanderer and also very stubborn. If he was not stubborn he would not have ended up in Dampier. Red Dog is determined and gets along with everyone.

Red Dog ended up in Dampier because he was sitting in the middle of the road when Jack and Maureen drove past. His stubbornness got the better of him and he wouldn't move off the road. Jack and Maureen got out of the car to see what he was doing, however as they hopped out he jumped in the car. Now he was on his way to Dampier.

He was friends with everyone. He listens to people and had no favourites.

Friendship!

Love!

We chose these songs because Red Dog can relate to them in his life story.

1. On the road again because he was always on the road looking for John. 2. One more day because Red Dog would have loved one more day with John.

Red Dog became friends with the miners. Red Dog found his master John. John, Red Dog's master died in a motorbike accident.

Red Dog had no sense of belonging until he met John. John gave Red Dog a place to call home.

Happy

On the road again

You've got a friend in me

Country Road

Count on Me

Don't worry be happy

Home again

One more day

You belong with me

Help is on its way

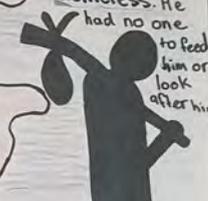
Red Dog died next to his master John.

Red Dog was a hero and saved people from harm.

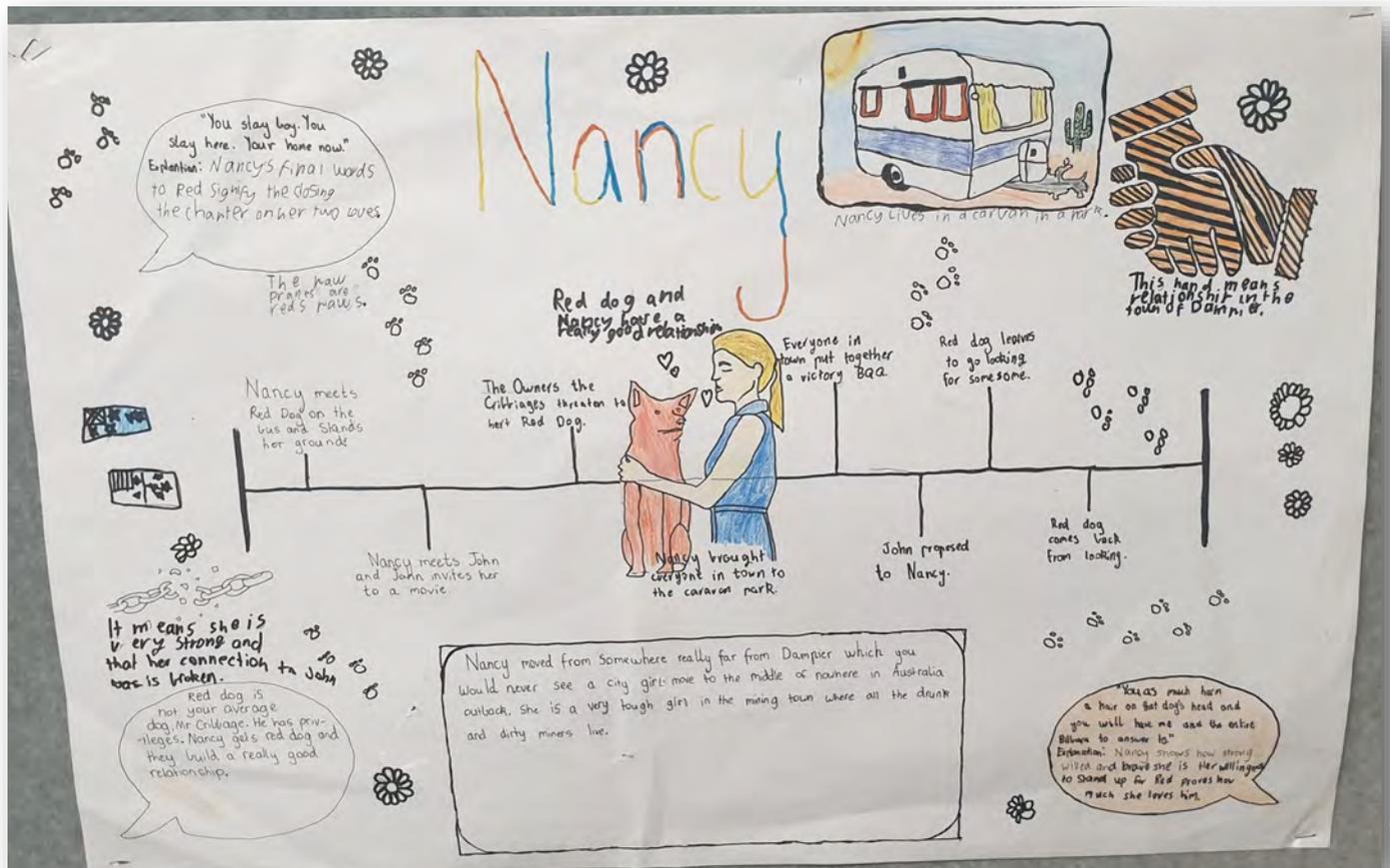
HERO

By Amber, Lachyt Alani

He also ended up saving someone's life.


Year 7 Character Analysis



PARENTS CLUB

Parents Club enjoyed a face to face meeting recently at Alpine Gate Cafe. Great to have several new Myrtleford P12 College families attend and step up for ongoing activities.

Ever-reliable member, Kim Menz, has taken on the role of President and new-to-our-school parent, Kellie Sheppard, is now the Vice-President - congratulations and thank you!

After 7½ years helping with Parents' Club, I am finishing as President and am proud of what has been achieved during that time. Many parent groups at other schools fundraise for capital items and improvements, whereas I am grateful that our school affords us to instead direct 100% of our energies and finances towards fun, memorable activities for the students.

I believe that students will remember many fun events Parents' Club have provided such as drumming and dancing incursions, theatre performances, discos, Twilight Fairs, the blow-up obstacle course and, importantly, lots of free fruit and food!

Thank you to everyone who has contributed to Parents' Club during my involvement and all the best to incoming President Kim, VP Kellie, Secretary Kaleena Kneebone and the Parents' Club team.

Next meeting 9:00am Friday 24th July
Claire Stock

New contact for Parents Club
Kim Menz 0457 530124

HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge

This week I have visited a few of the primary classrooms and talked to them about good hand washing and keeping hands protected from drying out by using a good hand cream when you can. I used the Soapy Hero's clip from better health channel, you might like to watch that with your children
<https://www.betterhealth.vic.gov.au/campaigns/soapy-hero>

Over the holidays if any students need support for health issues or just someone to talk to, remember your:

Local doctor's clinic 5751 9900

Kids Help Line 1800 55 1800

www.beyondblueyouth.com.au

www.headspace.org.au

Families can now access free expert parenting advice through the online

[Triple P – Positive Parenting Program.](http://www.triplep-parenting.net.au)

The program is relevant to families with children between 2 and 16 years and provides strategies to deal with specific challenges, such as building children's resilience and dealing with conflict.

There are courses specifically for parents of toddlers to tweens, and for parents of pre-teens to teens. It gives parents strategies to:

- raise happy, confident kids
 - manage misbehaviour so everyone in the family enjoys life more
 - set rules and routines that everyone respects and follows
 - encourage positive behaviour
 - take care of themselves as a parent
- feel confident they're doing the right thing.

[Sign up to the Triple P program via their website.](http://www.triplep-parenting.net.au)

<https://www.triplep-parenting.net.au/vic-ukn/triple-p/>



Wishing you all very happy holidays, make sure to take the time to relax and do somethings you really enjoy. Get some exercise and eat well, don't forget the water.

.....Rosemary Bunge

Quote of the week:

You are **Stronger** than you know,

Braver than you believe, and

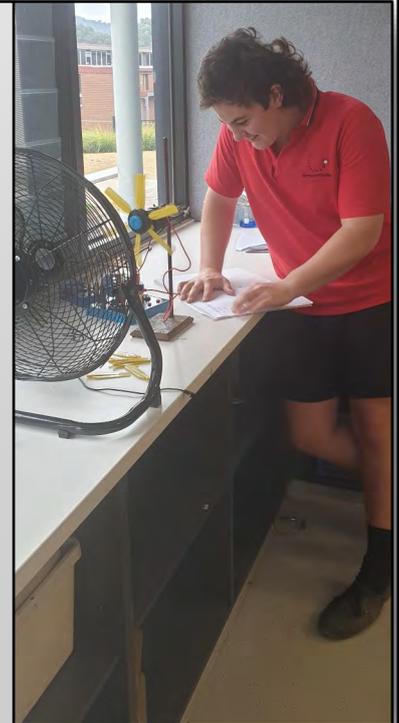
Smarter than you think you are.

MYCAL test out the STELR Kits



The MYCAL students have been the first in the school to use our brand new STELR kits. These purpose built kits engage students in learning about energy and sustainability. This semester we have been studying the theme of renewable energy to harness students' interest and concern about climate change and rising energy costs. Over the past two weeks, students have investigated batteries and electric circuits and culminated with an inquiry based investigation to try and determine the most efficient wind turbine construction.

Kate Sanderson



Year 7-12 Remote Learning 'Capture'

During the last week of term, the Student Leaders have conducted remote learning 'capture' focus groups with randomly selected groups of students from all year levels.

The students are being asked four questions as part of the 'capture' of thoughts and ideas. The questions are:

- What were the hardest parts of remote learning?
- What is the think you learned most about yourself during remote learning?
- What did you get better at over time in managing your own learning? What did it take from you in order to improve?
- What things should we keep doing from remote learning after going back to on site learning?

Any student who is interested in contributing their reflections but didn't have an opportunity to participate in a focus group is most welcome to respond – please email question responses to Jenni Gardner (gardner.jenni.j@edumail.vic.gov.au).



I will be sending out a parent survey this week via google docs with questions related to remote learning. All the feedback will be collated when the surveys are completed and results forwarded to the staff and school community.

Jenni Gardner

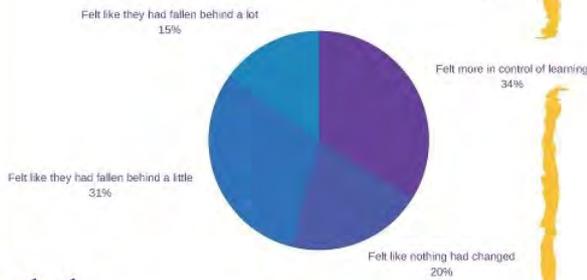
VicSRC recently captured the responses from 500 students in their report Learning from Remote Learning. Here is an infographic of the results.
Jenni Gardner

LEARNING FROM REMOTE LEARNING 2020

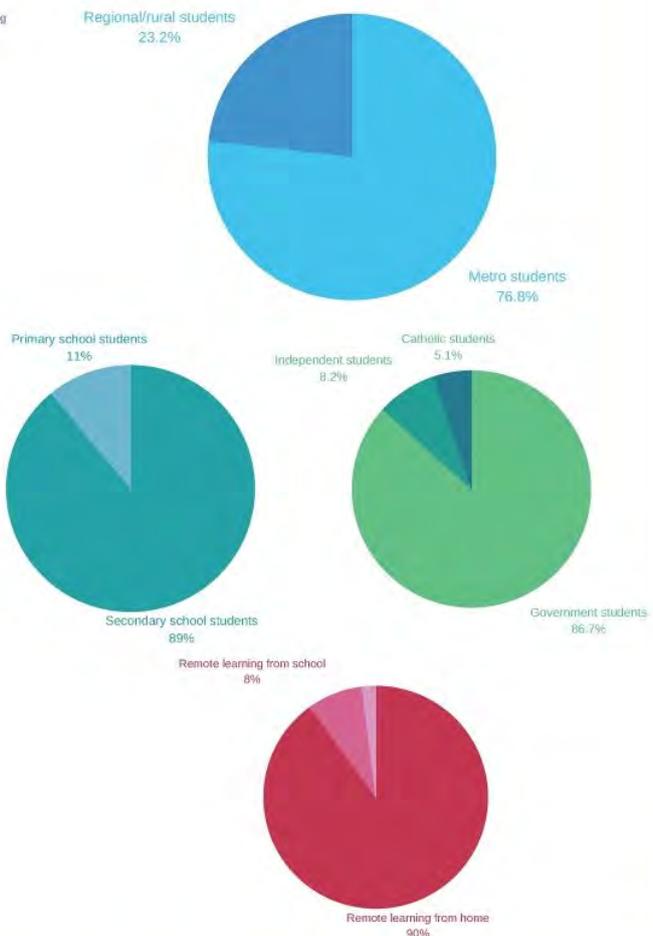
VicSRC



How did learning remotely from home impact students' learning?



Who were they?



“ I have more flexibility in when I decide to do my work. For example, I know that I don't work well early in the morning, so I'll enjoy my breakfast and talk to my family before starting work for the day - Year 12, Government, metro ”



“

Home learning needs to be a option for all students, the pressure has been lifted and my mental health has never been better. Yes this isn't for everyone but school isn't for everyone either .
Year 12, Government, metro

I would like to see some more flexibility in learning, a balance of home & school
Year 6, Government, metro

You could do your subjects in whatever order you wanted.
Primary, Government, regional

I have more time to get help from Mum and Dad in the things that I have trouble on.
Grade 4, Government, metro

I feel more relaxed and less stressed when learning from home. At face to face school, I have to worry about unimportant things like uniform and what classroom I'm meant to be in, unlike at home.
Year 10, Government, metro

its just been a lot more work load, and of course it has been more difficult to communicate with teachers about the work load, so i am falling behind. But this is not because i am slacking, it is because i am trying my absolute best, but are still being crushed by workload.
Year 9, Government, metro

I work best in the quiet but I also talk to friends too in class so being able to choose when I want quiet and when I want to talk like I have been at home would be good.
Year 9, Government, metro

”

- 68% enjoyed learning and working at their own pace
- 60% felt more comfortable at home
- 33% enjoyed spending more time with their families
- 33% found it better learning at home because it was quieter

Best things about learning remotely from home

Worst thing about learning remotely from home

- 61% missed interacting with friends/classmates
- 50% felt overwhelmed by the amount of work they were expected to do
- 50% couldn't communicate with their teachers enough

Recommendations

1. Support and progress student agency as a top priority within schools and within the education system.
2. Ensure every student has access to devices and internet to support their learning at school and at home.
3. Have online platforms as part of every day learning including detailed lesson plans and easier communication between teachers, students and parents/carers.
4. Make sure mental health is just as important as academic success and include regular wellbeing classes for all students.
5. Schools and timetables should be more flexible about how students learn including shorter school days and longer breaks between classes to rest and refocus.
6. Create a comfortable, safe and welcoming space for every single student.

Talking About Careers

with Danielle Caponecchia

Weekly Careers Newsletter: This newsletter is jam packed full of the latest careers news from around the state. It has updates from universities and other institutions. Scholarship, job vacancies, career pathway information and so much more. I encourage both students and parents to take the time to read this.

To access the newsletter go to <https://myrtlefordp12careers.com/> or type in myrtlefordp12careers.com Click on the Careers Newsletter in the drop down box under the 'IMPORTANT INFO' tab on the top row. From there you will see the newsletters from the past six weeks. Click on the top one for the most recent.

Newsletters will go onto the portal every Tuesday.

Please feel free to contact me with any queries or questions.

Topics in this week's newsletter:

- Changes to the cost of university courses, 2021
- New Bachelor of Climate Science and Adaptation at the University of Newcastle
- University of Tasmania, Schools Recommendation Program
- Cyber Security at Victoria University
- Focus on agriculture
- The University of Melbourne – updates
- Health Information Management, La Trobe University
- Virtual career events

This week's Career Topic

Soft Skills

Soft skills are personality traits and behaviours. Unlike technical or “hard” skills, soft skills are not about the knowledge you possess, but rather the behaviours you display in different situations.

What are soft skills?

Soft skills include any skill that can be classified as a personality trait or habit. For example, interpersonal and communication skills are more specific categories of that many employers look for in job candidates.

There are many soft skills that you could list on your resume or cover letter. Some of the most sought-after ones include:

- Effective communication skills
- Teamwork
- Dependability
- Adaptability
- Conflict resolution
- Flexibility
- Leadership
- Problem-solving
- Research
- Creativity
- Work ethic
- Integrity

Why are soft skills important?

Soft skills play an important role in resume writing, interviewing, and effectively communicating with people at work and in other areas of your life. For example, as you look for jobs, you may find that many employers list specific soft skills on their job ads in the “required” or “desired” sections. A job posting for a Human Resources Associate may list “attention to detail” as a desired trait, while an ad for a Marketing Specialist could list “leadership” and “great communication skills”.

Soft skills are often transferable across careers and industries. As a result, you may find that you possess many of the required traits even if you don’t match the exact profile in a job description. As you search for jobs, pay attention to posts calling for candidates with soft skills or traits you possess. Even if the job title isn’t a great fit, you may find that the description makes sense for you. As you progress through the job search process, keep your resume updated to reflect soft skills most relevant to the types of roles you’re applying for.

During your job search, it is also helpful to consider how you might showcase your soft skills in an interview. While you can display some skills like good communication, you may consider weaving others into your answers to interview questions. For example, you might talk about your problem-solving skills when answering a question like, “Tell me about a time you overcame an obstacle.” If the employer prompts you to provide references, think of those that can speak to examples that verify your soft skills and other strengths.

Examples of soft skills

Because soft skills are often innate personality traits, you already possess several marketable ones that will help you get a job and be successful. Though many are formed with your personality, they can also be learned and developed with practise and experience. Here are a few examples of key soft skills and how they can enhance your performance during and after the job search process.

How to improve your soft skills

Many employers value strong soft skills over technical ones because they are often personality traits developed over a lifetime and can be difficult to teach. That being said, anyone can improve their soft skills with experience and practise. For example, you may find that an employer is seeking someone experienced in conflict resolution. While you may be a naturally effective communicator, it may help to work through how you resolve conflicts with others.

Taken from: <https://au.indeed.com/career-advice>

.....*Danielle Caponecchia*

Do you know an outstanding young person? Nominate them NOW for an Alpine Shire Youth Award

The Annual Alpine Shire Youth Awards recognise and celebrate the contributions and achievements of a diverse range of young people with varying potential and skills aged between 12 – 21 years (inclusive).

Anyone can nominate a young person for any of the award categories, so if you know a young person who you think is deserving, let them know by nominating them for an Alpine Shire Youth Award. For more information about each of the award categories, please see the attached Information Pack.

To simplify the process in 2020, the Alpine Shire Youth team are only accepting nominations via an online nomination form, which can be accessed by clicking the following link:

<https://www.surveymonkey.com/r/2020alpineshireyouthawards>

Members of the community are invited to nominate an outstanding young person in any of eight categories:

- Academic
- Community
- Endurance and Persistence
- Performing Arts
- Rural
- Sports and Recreation
- Visual Arts and Media
- Workplace

The Alpine Shire Youth Award (12 – 16 years) and Alpine Shire Youth Award (17 – 21 years) are selected from the finalists of the category awards.

To be eligible for nomination, a young person must meet the following criteria:

Nominee is aged between 12 and 21 years of age (inclusive) as of Friday, 4th of September 2020.

Nominee lives, works, volunteers or studies in the Alpine Shire Council municipality.

If the young person now lives outside of the Alpine Shire, they have previously lived in the Alpine Shire in the last 12 months.

If you are nominating a group, at least 80 per cent of the group members are aged between 12 and 21 years of age (inclusive).

Nominees has not won an individual Alpine Shire Youth Award in the last two years.

Nominations close at 11:59pm on Friday, 7th of August, 2020.





Stream Jam North East Music Festival - Online

Stream Jam North East Music Festival is an online mini-festival and gathering space, where artists from the North East Region of Victoria play 20 minute sets streamed live via their selected social media accounts.

At the end of their set, each musician tag-teams the next artist to play, sending fans down a rabbit hole of new music discovery, community, sharing the love and good feels.

Head to https://www.facebook.com/events/395716217991521/?event_time_id=395716221324854 for the line up and set times.



YOUTH SURVEYS

[headspace.org.au](https://www.headspace.org.au)

Young people aged 12-25: Let us know what headspace can bring to you that will help with yours and your communities recovery from the 2019-2020 bushfire season! We have a brief survey for you https://www.surveymonkey.com/r/headspace_bushfires

Your input will help us to develop the right support for your needs.

Family, friends, and organisations supporting young people in your area:

We also have a short survey for bushfire affected families, friends and communities. Let us know what you think we could do to help young people find their way through recovery:

<https://www.surveymonkey.com/r/headspaceBFororganisations>

Georgia Vujic

Enhancing Mental Health Support in Schools
Youth Counsellor, **Pronouns** she/her



ALPINE HEALTH SURVEY

www.alpinehealth.org.au

We're looking for 15 to 29 year-olds to complete a survey about their mental health and wellbeing during coronavirus restrictions.

Please encourage young people take the survey here

[https://www.burnet.edu.au/projects/434_coping_with_covid_19_young_people_s_health_and_wellbeing_in_australia?utm_source=VicHealth%20Update&utm_campaign=10%20Jun%202020%20eNews%20\(long%20subject%20line\)&utm_medium=Email](https://www.burnet.edu.au/projects/434_coping_with_covid_19_young_people_s_health_and_wellbeing_in_australia?utm_source=VicHealth%20Update&utm_campaign=10%20Jun%202020%20eNews%20(long%20subject%20line)&utm_medium=Email)

Regards Lisa Neville,
Health Promotion Officer/CTC Alpine Coordinator/SHRFV Project officer

MYRTLEFORD P12 COLLEGE PRIVACY STATEMENT

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' Privacy Policy](#) on the department website.
www.education.vic.gov.au

Please take time to remind yourself of the school's collection statement, found on our website http://www.myrtlefordp12.vic.edu.au/parent-info-policies_resources.html

For more information about privacy, see [Schools' Privacy Policy – information for parents](#). This information is also available in nine community languages, via the department website.

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MYRTLEFORD P - 12 COLLEGE CANTEEN MENU

All Students must place Lunch Orders by 9.30am.

LUNCH ORDER MENU		DRINKS AND SNACKS
Fresh rolls, sandwiches (Gluten free bread available)		Cups of fruit salad \$1.00
Choice of ham, beef silverside or salami, served with lettuce, tomato, carrot, beetroot & cheese.		Natural Greek Yoghurt & Fruit \$2.00
Fresh meat choice with cheese		Frozen Fruit Smoothies \$0.50
Fresh meat choice with salad		Fruit Juice – orange, apple/blackcurrant \$2.00
Butter or Vegemite		Flavoured Milk – chocolate, strawberry, Iced coffee \$2.50
Veggie Delight, cheese, lettuce, tomato, carrot, beetroot, cucumber and hummus		Water \$2.00
Cheese & Crackers		Mini whole fruit available – apple, pear, banana \$1.00
	HOT FOOD	Mini muesli bars \$1.00
Warm Chicken Wrap - chicken lettuce & mayo		Yoghurt tube (strawberry or blackcurrant) \$2.00
Lamb Wrap with tzatziki and lettuce		
Pizza – Ham & cheese Ham, cheese & salami Ham, cheese & pineapple		THURS and FRI ONLY
Party Pies		Pasta (Bolognese or Napoli) Small \$3.00 Large \$5.00
Party Sausage Rolls		
Cheese Toastie		
Ham & Cheese Toastie		
Tomato & Cheese Toastie		

All drinks, fresh rolls, wraps, hot food and snacks are still available for purchase over the counter. There is much more available over the counter, so come in and check them out. All specials will be posted on the Facebook page; [Myrtleford P-12 College Canteen](#). Please like the page and follow to keep updated with specials.

PLEASE NOTE: Snacks like popcorn, cup cakes, slushies and jelly are over the counter items only. These cannot be pre ordered on lunch orders.